



Are you looking to help out in your community?

We Need Your Help!

**The Aging Life Services Program of Columbia County is looking
for Volunteers**

**who want to make a difference in the lives of older adults,
providing vital services such as transportation, grocery
shopping and friendly visits**

For more information contact

Aging Life Coordinator for Columbia County

518-410-3742 cell

jbullard@cathcharschdy.org